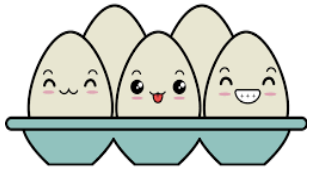
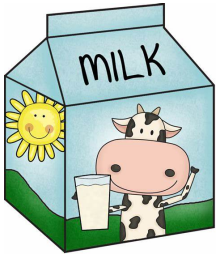
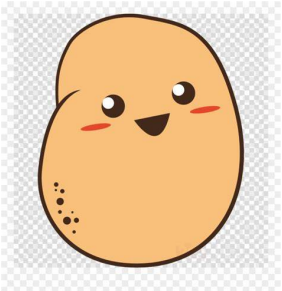
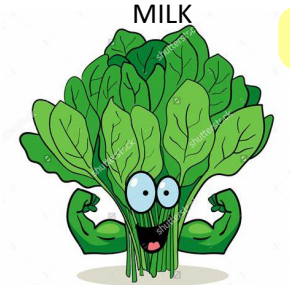
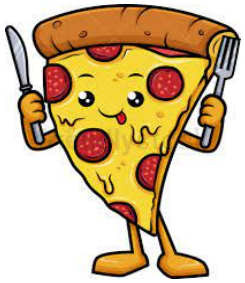
REDLAND CHRISTIAN ACADEMY

Weekly Menu

NOVEMBER 28- DECEMBER 2, 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	FRESH STRAWBERRIES WG TOAST LOW FAT YOGURT SCRAMBLED EGGS	FRESH APPLE WG PANCAKES SCRAMBLED EGGS	FRESH STRAWBERRIES WG OATS SCRAMBLED EGGS	APPLESAUCE ENGLISH MUFFIN EGGS	FRESH ORANGE WG OATS SCRAMBLED EGGS
					
LUNCH	CHICKEN YELLOW RICE SWEET POTATOES SPLIT PEA SOUP FRESH APPLE MILK	CHILI CON CARNE WITH BEANS CHEESE WG TORTILLA CHIPS SPINACH FRESH ORANGE MILK	CHEESY BEEF NACHOS WITH SALSA PICO DE GALLO COLESLAW FRESH APPLE MILK	CHICKEN FAJITAS WG BROWN RICE BROCCOLI SLICED CARROTS CAULIFLOWER FRESH ORANGE MILK	CHEESE PIZZA SPRING MIX SALAD APPLESAUCE MILK